

What is the GGRR?

The Great Ghost Rider Ramble bicycle tour is geared for both the casual recreational rider and the serious bicyclist with ride distances to suit any skill level. The GGRR is NOT a race. Ride at your own pace and enjoy the rural autumn countryside.

Routes - 25, 35, 50, 58, 72 and 100 miles

Scenic Indiana routes were developed by experienced bicyclists for your riding pleasure. Routes feature secondary roads and unique painted direction road marks to guide your GGRR adventure. Riders will receive a fully detailed route map. The shorter distances are designed to be easier for the recreational rider. Roving patrol vehicles will be on the routes watching for riders with mechanical problems. Radio patrols will provide emergency communications.

Are you up for the CHALLENGE of the GGRR Century route?

The Century route is one of the most challenging in the area. We have 4 rest stops to nourish you for the approximate 5,200 feet of vertical gain on this route. There are 6 *significant* climbs on the route.

20 Mile Escorted / Family Fun Ride — 11 AM

There are games and prizes at the food stop for Family Fun Ride participants. Dress the kids in their bike-friendly Halloween costumes and they can play carnival games...everyone wins!! Experienced cyclists will accompany your family to the rest/food stop and return with you to the ride start. (No day of ride registration available for Family Fun Ride. All Fun Rides applicants must ride with a GGRR ride leader.) This route is relatively flat; only 1 hill returning to headquarters. Children under 10 must accompany a parent on a tandem or tag-a-long bike only. No children under 10 will be permitted to ride solo.

Refreshments?

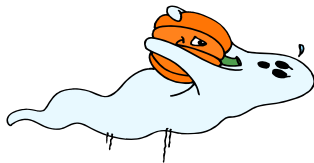
You bet! The GGRR is well known for great food and snacks. Entertaining rest stops will be on each route with refreshments to fuel your ride. Fresh water, Gatorade, fruit and snacks will be in plentiful supply for all. Restroom facilities are at all stops. The main rest area also has a fire to warm up around if the weather turns chilly.

Starting Times and Locations – All Times are Cincinnati Time!

All rides start at East Central High School in St. Leon, Indiana with plenty of parking. Packet pickup opens at 7:30 AM. For safety reasons, there will be staggered ride starts: 100 miles at 8:00 am, 72 miles at 8:30 AM, 50/58 miles at 9:30 am, 35 miles at 11:00 am and 20 mile escorted/Family Fun ride at 11:00am.



Your 2009 Great Ghost Rider Ramble
Application Enclosed



GGRR
2563 Freeman Ave
Hamilton, OH 45015

PRESORTED STAN-
DARD
U.S. POSTAGE PAID
CINCINNATI, OH PER-
MIT NO 2273



All witches, ghouls and goblins
are invited to be at:

East Central High School
1 Trojan Place,
St. Leon, IN 47012.

October 03, 2009



register online
active.com

2009 GREAT GHOST RIDER RAMBLE

We Need Your Help

Planning for the GGRR takes a lot of time. Your early registration allows us to purchase ample food, assign volunteers and have enough maps. Waiting to register at the last moment can cause us to run out of supplies and people to support you. We hope you can sign up by September 25 (snailmail) September 28 (active.com) so that we can plan a first class event.

GGRR Costume Contest

Go ahead – dress up for the GGRR! You might win one of the many prizes. Past prizes have been free GGRR rides for the following year, free CCC membership or bicycle gear donated by local shops. But, PLEASE, make certain your costume is bicycle friendly!

Rider Safety

Safety is a major concern. We require all riders to wear an ANSI approved bicycling helmet (on their heads). Children under 18 are welcome, but must ride with a responsible adult rider at all times. We limit the number of riders to keep road congestion to a minimum. Too many riders on the road at the same time can be dangerous. The limited number of riders will ensure that you won't feel like you're part of a herd of cattle at the GGRR. Riders not complying with the safety guidelines will not be permitted into rest stops and will be denied road services.

Directions to East Central High School

Take I-74 to the St. Leon Exit (#164). Turn south approximately 500 feet. Turn right on Shuman Road. East Central High School is approximately one half mile on the right at

1 Trojan Place, St. Leon, IN 47012.

Rules of the Road - Please Read and Heed!

The bicycle is legally defined as a vehicle in both Ohio and Indiana; therefore, bicyclists have rights and duties like those of motor vehicle drivers. On all public roads where cycling is allowed, the bicyclist must obey all traffic signs, signals and other control devices. Ride with vehicular traffic as near to the right of the road as practical. Use standard arm signals to alert other bicyclists and motorists of your intentions. Ride in a consistent predictable manner. By law you are not allowed to ride any more than two abreast at any time. All riders should use verbal signals to advise riders behind them of their actions (i.e., stopping, right, left, hole, dog, car back, car up, werewolf, great pumpkin, witch, etc.)

ALL riders' entries on this form will be filed under the PRIMARY rider's name. Primary rider must be a responsible adult rider.

PLEASE PRINT

Primary Rider	
Address	Phone
City, State, Zip Code	
E-mail:	

REGISTRATION FEES

	Price	Quantity	Total
Pre-registration fee -- postmarked by September 25, 2009 (includes buffet)	\$25.00		
CCC Member Discount	-\$5.00		
Children, under 16 (no buffet)	FREE		
DAY OF RIDE FEE (no buffet)	\$30.00		
Pasta Buffet (for children under 10)	\$5.00		
Pasta Buffet (for children under 11-16)	\$8.00		
Total Payment			

Checks payable to "Cincinnati Cycle Club"

Mail to: Cincinnati Cycle Club, c/o Scott Ebbing, 2563 Freeman Ave., Hamilton, OH 45015

ALL RIDERS MUST READ AND SIGN THE RELEASE FORM AT CHECK-IN ON OCTOBER 03, 2009.

Rides are rain or shine

NO REFUNDS

Rider's Name (Please print)	CCC #	Signature (Rider's Guardian's if under 18)	Date	Age	Planned Mileage